

SPOTLIGHT ON ECK FAMILIES



Sri Harold Answers!



RESTORING HARMONY

Q: I am happy to write to you. My wife is not an ECKist. What can I do to avoid feeling resentful toward her when I go with my children to ECK activities without her?

—Saiba, Democratic Republic of Congo

The antidotes are forgiveness and tolerance.



A: Dear Saiba,

It can be very hard when a husband and wife follow separate religions. The blessing in your home is that she lets your children accompany you to ECK events.

You can't control your wife, only yourself. Know that resentment is a form of anger, whose antidotes are forgiveness and tolerance. So they are what you can practice to restore harmony to your home.

These spiritual disciplines are often difficult, but they can be ever so fruitful.

GETTING HELP WHEN NEEDED

Q: My four-year-old daughter wakes up every night screaming and crying. It goes on for hours. She can't tell us what's wrong, and we have tried everything we can think of to help her. I am afraid. Can you help?

—In Need of Help

A: Dear In Need of Help,

Sometimes a child may not be able to handle the influences of her past lives as they appear in her dreams. In this case, I would suggest you find a counselor to help her deal with her inner problems. It's important to find a caring and sensitive person. Ask your family doctor to refer you to such a counselor, if possible.

Divine Spirit uses all kinds of doctors and healing.



Divine Spirit uses all kinds of doctors and healing to let us have a better life. Accept the guidance of the ECK to help you find a counselor for your daughter.

PROVIDING FOR YOUR FAMILY

Q: I find myself still aspiring to physical things—for example, the construction of my home. This has confused me. On one hand, I am afraid that this is a negative attachment to material things. At the same time, I feel I am merely fulfilling my responsibilities to my family.

—Seeking Clarity

A: I am grateful for your letter. Please know that one must provide for his family as well as possible. That has nothing to do with attachment.

God loves Soul, rich or poor. God does

not necessarily love the poor more. God loves Soul. Thus we can enjoy the things of this life and support our family with material goods with no feelings of guilt.

The path of ECK is merely to open our consciousness so that we can become greater vehicles for Divine Spirit. Thus ECK enhances our life and gives insight, strength, and understanding where we found only darkness before.

Harold



Excerpt from the June 2024 *Mystic World*

June 2024